

PATHOPHYSIOLOGY OF IMMUNE HEMOLYSIS

| Disorder | Etiology and Epidemiology | Pathophysiology and Presentation | Lab Findings and Diagnosis | Treatment |
|---|---|--|--|---|
| NEONATAL HEMOLYSIS | | | | |
| MATERNAL ABO INCOMPATIBILITY | <p>Most common cause of hemolytic disease of the newborn. Seen in type O mothers: IgG anti-ABO A, B, AB mothers: IgM</p> <p>10% symptomatic Soluble neonatal ABH antigen neutralizes most maternal Ab</p> <p>Does not require primary immunization</p> | <p>Extravascular Hemolysis Fetal anemia Increased indirect bilirubin Harmless to fetus since it is eliminated by maternal portal circulation</p> <p>Erythroblastosis Fetalis Extramedullary Hematopoiesis Fetal hepatosplenomegaly Biliary obstruction Hydrops fetalis: edema, ascites, hepatic failure</p> <p>Kernicterus with indirect bilirubin > 20 mg/dL</p> | <p>Maternal anti-Rh antibody screen If elevated: amniocentesis Amniotic indirect bilirubin correlates with erythroblastosis fetalis and hemolysis</p> | <p>In mild hemolysis: delivery is sufficient to correct the anemia</p> <p>Simple transfusion Exchange transfusion Cord bilirubin > 5 mg/dL Hb < 12 g/dL Intrauterine transfusion UV phototherapy</p> <p>Prevention Avoid transfusion of Rh+ve to Rh-ve mother Anti-Rh immunoglobulin Used in all women at 28 wks Following abortion or transplacental hemorrhage Second bolus before delivery if fetus is Rh+ve</p> |
| MATERNAL Rh(D) INCOMPATIBILITY | <p>Requires prior immunization Transplacental hemorrhage Previous abortion of Rh+ve fetus Transfusion with Rh+ve RBCs</p> <p>Risk of immunization is maximal with ABO matched Rh-ve mother and Rh+ve fetus Incompatible ABO results in immediate lysis of fetal erythrocytes</p> | | | |
| AUTOIMMUNE HEMOLYSIS | | | | |
| WARM AUTOIMMUNE HEMOLYTIC ANEMIA | <p>Extravascular Hemolysis (spleen) IgG-mediated</p> <p>Associated with lymphomas, collagen-vascular disease, and drugs</p> | <p>No fixation of complement. Thus, intravascular hemolysis is rare</p> | <p>PERIPHERAL SMEAR Reticulocytosis No agglutination Spherocytes DAT: Positive for IgG and C3</p> | <p>Corticosteroids Downregulated macrophage Fc receptor expression Downregulated IgG secretion</p> |

| | | | | |
|---|--|--|--|--|
| | Involves many RBC antigens, predominantly Rh | | | Splenectomy If refractory to Prednisone Rituximab |
| COLD AUTOIMMUNE HEMOLYTIC ANEMIA | Extravascular (liver) and Intravascular Hemolysis Associated with infection (<i>Mycoplasma</i> , EBV), some lymphomas (e.g. Waldenstrom macroglobulinemia) Involves the RBC Group I antigens | May completely fix complement Hemolytic disease is determined by thermal amplitude of Ab Requires activity at > 28 deg Cold Agglutinin Syndrome Raynaud (vascular stasis in digits) Livedo reticularis | PERIPHERAL SMEAR Reticulocytosis Agglutination Spherocytes DAT: positive for C3, negative for IgG There is no DAT for IgM due to spontaneous agglutination | Rituximab Plasmapheresis DOES NOT RESPOND TO splenectomy or corticosteroids |

TRANSFUSION HEMOLYSIS

General Features of Transfusion Biology

Anti-ABO antibodies are IgM in A, B, and B BUT IgG in O-type

However, all classes (IgA, IgM, IgG) may produce visible agglutination
A gene: enzyme catalyzes conjugation of N-acetyl-galctosamine
B-gene: enzyme catalyzes conjugation of galactose
Select identical ABO type for further antibody screening
In emergent trauma: transfuse with Type O RBCs (remove plasma)

Anti-Rh antibodies are IgG

The Rh(D) antigen is highly immunogenic: 50% of Rh-ve hosts will be immunized after first exposure

Exotic RBC antigen groups: Kell, Duffy, Kidd

Abs are only generated by immunization through transfusion or pregnancy
No screening is for these donor antigens and recipient Abs is performed before transfusion
However, testing is done in multiparous women and patients with previous transfusion

| | | | | |
|--|---|---|--|--|
| IMMEDIATE INTRAVASCULAR HEMOLYSIS | ABO incompatible transfusion Mortality is 10% | Onset is acute and severe Rigors and fever Massive activation of complement DIC: results from release of platelet PLs, and endothelial TF C3a, C5a → generate bradykinin and | | |
|--|---|---|--|--|

| | | | | |
|---|--|---|--|--------------------------|
| | | <p>trigger mast cell degranulation This results in peripheral vasodilation, increased capillary permeability, and hypovolemic shock NE → renal arteriolar vasoconstriction and AKI</p> | | |
| IMMEDIATE EXTRAVASCULAR HEMOLYSIS | <p>IgG-mediated Typically involves Rh, Duffy, Kell, and Kidd antigens</p> | Chills and fever due to acute phase reactants (response to cellular lysis) | | |
| DELAYED HEMOLYSIS | <p>Anamnestic response to transfusion RBCs Recipient is typically anergic to antigen. Exposure results in stimulation for the humoral response and revives titres</p> | Typically presents as gradually falling Hct and Hb IN THE ABSENCE OF BLOOD LOSS | DAT converts from positive to negative when donor cells are completely hemolyzed | |
| ANAPHYLAXIS and TRANSFUSION TOXICITY | <p>In 5% of transfusions Non-self HLA expressed on leukocytes and platelets may elicit a generalized toxic reaction (fever). Urticaria: circulating antigens in donor blood (e.g. after recent meal) Anaphylaxis: due to anti-IgA Abs in recipients with IgA deficiency Volumic and metabolic disorders: Hypocalcemia, hyperkalemia, acidosis, fluid overload</p> | | | |
| DRUG-MEDIATED HEMOLYSIS | <p>Immune Complex Absorption Quinidine Deposition of immune complex on RBC membrane causes full activation of complement and intravascular hemolysis Direct Drug Absorption</p> | <p>PRESENTATION CAN BE PREDICTED based on site of hemolysis Typically, no findings in membrane-modification reactions (simply creates false-positive Coombs test) Most commonly: anemic symptoms with onset concurrent with new drug therapy</p> | DAT demonstrates positive agglutination correlated with recent initiation of therapy | Discontinue drug therapy |

PCNs and cephalosporins
IgG binds to haptenic groups on RBC membrane, resulting in exposure of Fc and extravascular hemolysis

Membrane Modification

Cephalosporins
Coating of the membrane causes non-specific absorption of plasma proteins.
No hemolysis despite positive DAT

Cross-sensitization (autoimmunity)

A-Me-DOPA
Inhibits T-reg cells (decrease secretion of IL-10 and TGF- β)
→ expansion of B cells and production of cross-reacting Ab
IgG against Rh: extravascular hemolysis

| |
|--|
| |
|--|

| |
|--|
| |
|--|

| |
|--|
| |
|--|